

PRAYER DOVE RITUAL

Materials: Dove activity page, large bowl, water, scissors, pencils, pen, and/or crayons

Many different symbols remind us of our connection with God, Jesus, and the Holy Spirit. Here is a ritual to help you remember and honor that connection. Using the dove activity page:

1. Think about how God is proud of you for being your unique self. What things make you **you**? It could be things you like to do, your favorite foods, how you express yourself, your smile, your laugh, the special way you care for people, anything at all about yourself! Write/draw those things inside your dove.
2. Think about the people in your life who make you feel loved and connected to God. This could include your parents, grandparents, siblings, pastors, teachers, friends, anyone who helps you feel God's love. Write/draw those people inside your dove.
3. Cut out your dove.

Pour water into the large bowl and place your dove on top of the water. Make sure the side with the writing/drawing is facing you. Place your hand in the water and swirl it around. Watch and say the prayer as your dove moves and changes in the water. It may sink, it may break down, it may even dissolve. That's okay. It is becoming part of the water. Just like how all the great things about you and the great people in your life connect you with God!

Take your hand out of the water and touch it to your forehead or heart. As you feel the water on your skin, remember God and your community love you. If you've been baptized, take a moment to remember that.

PRAYER

Loving God, we know you are always with us and you love us. Help us notice people and things in our lives that connect us with you. Guide us to follow and make you proud!

Amen.

